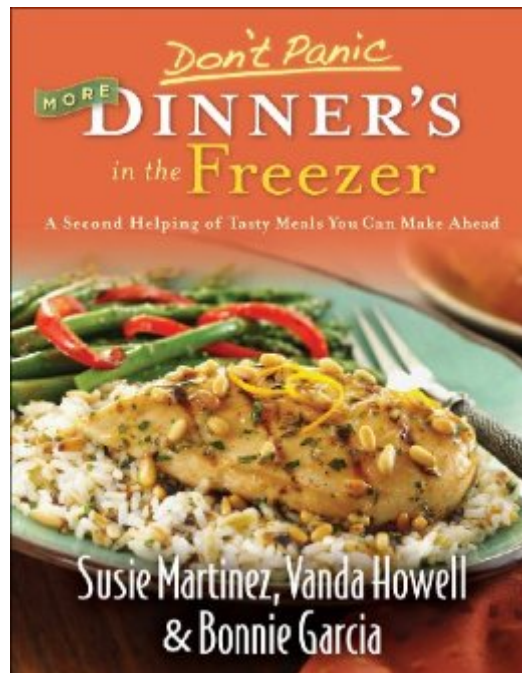


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# Don't Panic--More Dinner's In The Freezer: A Second Helping Of Tasty Meals You Can Make Ahead



## Synopsis

Hectic lifestyles make traditional cooking methods nearly obsolete in many families. The results are poor nutrition and budgets strained by the high cost of fast food or commercially prepared meals. Now, due to popular demand, the ladies who brought you Don't Panic--Dinner's in the Freezer offer more of their simple and economical recipes designed to be prepared and frozen for future use. Don't Panic--More Dinner's in the Freezer gives practical tips for planning, organizing, and shopping for meals, as well as unique ways to freeze and reheat prepared foods. Every recipe includes measurements for cooking alone or as a joint venture with one or two friends. Families, singles, retirees--everyone who needs to eat--will find fast and easy answers to the question, "What's for dinner?"

## Book Information

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## Customer Reviews

I love the original Don't Panic book and I'm loving this version too. I went through it as soon as it arrived and found 27 recipes I want to try "first" - I have had great success with the meals I've tried so far. I am not a fan of the OAMC recipes - everything is bland and not to my taste. How much cream of mushroom soup can one family eat? Yuck. I love that these recipes are varied and have

spices use real, fresh ingredients and appeal to the whole family. The two Don't Panic books have changed my life. I always have something in the freezer to prepare for dinner or to share with a friend in need. I've probably given away or encouraged 30 people to buy the first book, and I would imagine that this one won't be any different. I like that this book categorizes the recipes into healthier choices, quick and easy and company-worthy. It's a neat feature, but I don't base my company worthy choices on it. I've found that most of the meals are crowd pleasers! Eagerly looking forward to the third installment!

It sounds corny but the two "Don't Panic ..." books have really made an impact in my family's daily life. The concept is simple. Buy things in bulk when they are on sale, prep the meals in bulk, then freeze. These books have saved us money and time. We've also eaten out a lot less now that home-cooked family meals are readily available. I like the second book "Don't Panic MORE dinner's in the freezer" better than the first book. There are more health-conscious recipes. There are more recipes for side dishes. There are more grilling recipes. We live in a warm climate so it's great to keep the heat out of the kitchen. The second book seems to have more recipes that are easier to prepare on serving day. In other words, you do almost all the work on cook & freeze day. Then you reap the rewards on serving day. I have recommended this book to my friends and family because it has truly changed the way I prepare meals.

This was my third book used in the freezer "method" of cooking. So far, I have saved over 1/2 of the recipes to try in this book. There are a lot of varieties that will appeal to families of all types. I have a 2 1/2 year old, and a husband that is "particular" about what he will eat. So, finding another freezer cookbook is great. Each recipe gives the amounts needed for 1,3,6&9 portions. I love the fact that each cooking method is clearly stated. I have read other freezer cookbooks that seem to hide the fact that most of the food needs to be fully cooked before freezing. What would be the point of making a whole meal, cooking it, and then freezing it? There are many different dishes to try from, and most seem to be easy to prepare, store and defrost on a short notice. I LOVE the fact that there are so many grill recipes. In our state, when it is nice, people want to be outside as much as possible-the cookbook lets you forget about a long dinner prep, and makes more time to enjoy being with company and less time in the kitchen. Another plus, are the simple ingredients and straight forward amounts. Other cookbooks list european measurements and odd oz measurements with the canned ingredients. I am looking forward to trying more. So far, we have only eaten the Bacon Roll Ups-we managed to freeze 1/2-we ate the other 1/2 before we could get them in the

freezer. Good Stuff!

The kindle edition of the first book was properly formatted and easy to navigate. This kindle book, however, doesn't have a table of contents, and the text size varies from page to page and sometimes one the same page. It is annoying to read and difficult to try to use. I just bought this today and am so annoyed that I'm writing this review without trying any recipes. Buy the print edition or buy another cookbook. This is a waste of money.

I really enjoyed the first Don't Panic cookbook so I was very excited to order the second, and was not disappointed! I like this one even better than the first. I made many meals before the birth of my second child and we're still eating from the freezer almost 3 months later. :) Many recipes for side dishes in the first book stated they were best eaten the day they were prepared, but in this book they are more truly freezer sides and include serving day instructions. I highly recommend the Italian stuffed meatloaf, chipotle-chocolate chili, and Asian flank steak, delicious! Once I actually start cooking again, I am looking forward to making many more of these recipes.

I bought the first DP book when it came out, and I was not disappointed. I have other OAMC cookbooks which, as another reviewer said, use a lot of cream of mushroom and cream of chicken soups; i.e. a bit on the bland side...this book, and its predecessor, both are not afraid to add some spice in their recipes. At the same time, the recipes are not too sophisticated for my family's preference. That being said, there are some more "sophisticated" recipes in the book, but there seems to be an even mix of recipes. The only reason I didn't give it a "5-star" is that the book is not spiral-bound, which would make it easier to use on the kitchen counter; of course that would likely make it more costly. Overall, I love both of the books in this series! I Will certainly buy the third edition if one comes out!

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